

Anacoco Lions Club Taitwisting 10K

Date: 4/4/2020

Time: 9:00 AM

Pre-Registration Preferred!

10K & 5K Run

Awards

First, second & third prize awards for overall finishers, and 1st place awards in age groups.

T-shirts provided to all participants (guaranteed sizes and/or race day availability to those registering early.

Proceeds will benefit the Louisiana Lions Camp for Crippled Children and Louisiana Eye Bank

Entry fees:

•\$20.00 for early registration (on/before 3/15/20)

•\$25.00 on/after 3/15/20 - race-day registration



Taitwisting 10K
2020

Sponsors:

Check In/Registration will be at the Orange Lodge Building on the West side of the RR tracks, on Front St., in Anacoco. Races will start & end near the lodge building.

Online Registration at:



Mail form and entry fee to:

Anacoco Lions Club 10K
P.O. Box 607
Anacoco, LA 71403-0607

Name _____

Address _____

City, State, Zip Code _____

Phone _____

Sex _____ Age on race day _____

Email Address _____

Waiver: I acknowledge that running near automobiles & bicycles is extremely dangerous and that running in races is an extreme test of a persons physical and mental limits and there exists the potential for death or serious injury. I certify that I am physically fit, have sufficiently trained for this event and I have not been advised otherwise by a physician. I also certify that I will drink plenty of fluids before, during & after the event. I assume all risks of participation & assume full responsibility for injury, accident or illness which may occur during the event. I hereby release & hold harmless any/all sponsors, promoters & all persons and entities associated with the event from any and all injury or damage whether caused by negligence or otherwise. Further, I grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures recordings or any other record of this event.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

Circle Race Entered:
10K 5K

Circle T-shirt size:
S M L XL